BBC LEARNING ENGLISH Take Away English 随身英语 Is a game just a game? 游戏只是游戏吗?

BBC LEARNING ENGLISH

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Vocabulary: gaming 游戏

Are you **addicted** to computer games? Do you stay up all night playing them? There's no doubt that the excitement and **sophistication** of games these days makes them hard to put down. But should we worry about their effects on our health?



You don't have to play a video game alone

We are **spoilt for choice** when it comes to gaming:

You can **role play** – creating your own **fantasy** characters and stories, giving you a chance to step out of everyday life into an **imaginary world**. And there are shooting games where you can let out your anger and frustration in **violent** situations where you kill people with guns.

Can these kinds of games really be fun and can being absorbed in **virtual reality** be good for us? Popular games like Grand Theft Auto have been blamed for everything from falling results at school to **provoking** acts of extreme violence. Internet safety advisor, Alan MacKenzie, thinks "many people understandably will just think that a game is just a game and not realising the **explicit** content that's in there". He gives an example of the violence and **sexualisation** of women which he says is "wholly inappropriate for anybody, never mind children."

Others will argue that gaming is a **harmless** form of entertainment. There is evidence that playing video games could actually be good for us. Some games are educational and using games **consoles** can help children learn good **dexterity**. Studies have also shown that the skills used in playing games can cause growth in certain areas of the brain, the ability to think in 3D and even improve our eyesight.

Video gamers are also no longer just **solitary** creatures. For some, gaming is having a positive effect on their social lives with games like Halo and World of Warcraft often being played in groups. When your group works together to win the game, your **sense of achievement** is higher than when winning by yourself. So it seems today, gaming isn't just for **geeks** and if used in moderation we can all take part. What video games do you play and how do they make you feel?

词汇表

addicted	上瘾的	
sophistication	精密复杂	
spoilt for choice	多不胜选	
role play	角色扮演、角色游戏	
fantasy	幻想	
imaginary world	想象的世界	
violent	暴力的	
virtual reality	虚拟的现实	
provoking	挑衅,激怒	
explicit	明晰的,清楚的	
sexualisation	性别化	
harmless	无害的	
consoles	(游戏机)操纵器	
dexterity	灵巧,机敏	
solitary	孤独的	
sense of achievement	成就感	
geeks	对电脑痴迷的发烧友	

测验与练习

- I. 阅读课文并回答问题。
- I. What game, named in the article, did some people blame for making people violent?
- 2. True or false? The sexualisation of women is only inappropriate for children.
- 3. What word used in the article means 'facts or information that help to show something is true'.
- 4. Name one positive effect using video games can have on you.
- 5. Can games like Halo usually be played on your own?
- 请你在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格 处。
- I. Mary has put on a lot of weight because of her _____ to chocolate.

addition	addiction	addixion	addicted	

2. The government's plan to get everyone to recycle all their rubbish is complete _____, it will never happen!

fantasy	imaginary	explicit	harmless

3. _____ technology has helped us to see how the village looked in Roman times.

real virtuality virtually real virtual reality really virtuous
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4. Children who grow up using mobile phones and gaming consoles are changing the shape and of their fingers and thumbs.

solitary	dexterity	reality	addiction	

5. Passing my first piano exam has given me a real sense of ______.

effort	humour	sophistication	achievement

答案

- I. 阅读课文并回答问题。
- I. What game, named in the article, did some people blame for making people violent? **Grand Theft Auto.**
- True or false? The sexualisation of women is only inappropriate for children.
 False. Alan MacKenzie said sexualisation of women is wholly inappropriate for anybody, never mind children.
- What word used in the article means 'facts or information that help to show something is true'.
 Evidence.
- 4. Name one positive effect using video games can have on you. The ability to think in 3D, improving your eyesight, improving your social life.
- 5. Can games like Halo usually be played on your own? No, it is often played in groups.

2. 请你在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格 处。

- I. Mary has put on a lot of weight because of her **addiction** to chocolate.
- 2. The government's plan to get everyone to recycle all their rubbish is complete **fantasy**, it will never happen!
- 3. Virtual reality technology has helped us to see how the village looked in Roman times.
- 4. Children who grow up using mobile phones and gaming consoles are changing the shape and **dexterity** of their fingers and thumbs.
- 5. Passing my first piano exam has given me a real sense of **achievement**.